

**SIMON FRASER UNIVERSITY  
SUMMER SEMESTER 2004**

**EDUC 423-3  
HELPING RELATIONSHIPS  
(D01.00)**

**Dr. David Paterson**  
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Thursdays 13:00-16:50  
Room

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**PREREQUISITE**  
EDUC 323

**DESCRIPTION**

Introduction to the rationale for and the practice of basic counselling skills. Emphasis on the development of counselling skills as a means of establishing effective helping relationships in educational settings.

**EVALUATION**

Final grades will be based on the following:

1. Written critiques of three transcribed active listening exchanges (75% of final grade)
2. Reflection papers on stages of skill learning (15% of final grade)
3. Active listening program evaluation (10% of final grade)

**REQUIRED TEXT**

Egan, G. (1998). The skilled helper: A problem-management approach to helping. Pacific Grove, CA: Brooks/Cole.

**RECOMMENDED TEXT**

Egan, G. (1998). Exercises in helping skills: A training manual to accompany the skilled helper. Pacific Grove, CA: Brooks/Cole.

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